



## Supply List

Expressive Painting, Expressive Mind  
July 5-6 from 11am – 4pm at Thoreson Farm  
Instructor: Lynn Uhlmann  
Email: luhlmann@comcast.net

Gouache **or** Acrylic Paint

### Paint

A selection of basic colors:  
Yellow(Light, or Lemon)  
Red (Light)  
Blue (Aquamarine and Cerulean)  
Brown (Umber and Sienna)  
Orange (Cadmium or Cadmium Yellow Deep)  
Purple (Dioxazine or Violet)  
Alizarin Crimson  
Green (Chromium and/or Permanent Green Light)  
White  
Black

Optional Colors: Naples Yellow, Cadmium Yellow, Cadmium Red, Phthalo Green, Phthalo Blue, Cobalt Blue, Viridian, Ochre, Alizarin Crimson

### Paper

Watercolor Paper Block or Watercolor Pad 140 LB. I like smooth *hot* press rather than rough *cold* press but use whatever you prefer. The paper size should not be smaller than 9 x 12, or larger than 12 x 18. Some brands I have used: Arches, Fabriano, Fluid, Portofino. I occasionally use a pad of inexpensive paper for field studies which is usually a cold press paper.

If you're not using a Watercolor Paper Block (that has the sides glued) you'll need masonite boards larger than your paper size and painter's tape to adhere the paper to it. This is needed so that as the paint dries, the paper won't buckle and will remain flat.

## **Palette**

For plein air painting with gouache I prefer to use palettes that have side rims and a lid. My two favorites are the Masterson Sta-Wet, and a folding plastic palette that has pans and a thumb hold. You don't need both. These types of palettes can store unused paint. For acrylics any palette will do.

**Brushes**- Any assortment of sizes and types: filbert, round, bright, flat, angle.

## **Additional Supplies:**

Sketchbook (small or medium size) and pencil

Plastic container for washing brushes

Small spray bottle

Paper towels

Trash bag -small

Bring your own lunch, drinks and snacks

Easel or folding chair

Most often I will use a portable folding chair rather than carrying an easel. Sitting down, I have the paper in my lap and palette on the ground. Easels can be heavy.

You can purchase supplies from Michaels (limited selection), or online from Dick Blick or Jerry's Artarama.

\*\*\*\* This is a list of supplies that I recommend but we can work with whatever you already have.

We'll be painting by Shalda Creek at Good Harbor Bay. Parking and an outhouse are nearby.

Class will meet at Thoreson Farm July 5 at 11am before traveling to Shalda Creek.