

Acrylic Painting with Discipline at a Pace: Brenda Clark

SUPPLY LIST

Participants are responsible for bringing recommended art supplies.

Requesting that participants plan to paint on “heavy duty hot press watercolor paper” for the duration of the workshop. Any brand will work. Smooth is best. A lighter weight sheet or pad can be used for small paintings. Paintings 23”x 15” should be on heavier paper... 240 lb or 300 lb. I prefer 300 lb hot press arches paper for all of my paintings. A good standard size is 30”x 23” which can be torn into smaller sheets.

Painting easel. Some portable aluminum easels are available via GAAA. Call to reserve. Recommend a vertical Winsor & Newton Aluminum Bristol Easel if you decide to purchase your own. As an alternative, a portable fold-up chair (without arm rests) works great for propping a painting board and using as an easel. Our maximum paper size will be 22” x 30”. I do not recommend a French Easel – however, if you have one it will work. They tip over if the painting is too large.

Portable chair. Standing to paint will be encouraged, but you are welcome to sit. Non-folding chairs are available at Thoreson Farm.

Arches 300 lb. paper (22” x 30”). 5 - 7 sheets. Hot press (smooth). Please purchase your paper ahead of time. Order resources are Utrecht, Dick Blick, etc. Most local stores in Traverse City do not have hot press (smooth).

Painting board. Keep it portable. Wood panel, drawing clip board or any other heavier drawing art board. It needs to comfortably allow you to secure a 22” x 30” piece of paper to it. Foam core tends to blow away or be unstable. Wood is best. Contact me if traveling from afar. I have extras.

Acrylic heavy body paints. Tubes of paint preferred over jars if possible. Basic color palette will be used and comprised of any yellows, blues, reds and white you may have available. No black paint needed. Brand ideas: Golden, Winsor-Newton or Utrecht (or bring what you use). You will need “heavy body” paint. Not thin.

Please avoid purchasing “Studio Series” acrylic – it takes too long to dry. The variations can be confusing.

Colors preferred:

1. (Yellows – purchase one or all): Yellow Ochre, Cadmium Yellow Medium, Primary Yellow
2. (Blues – purchase one or all): Primary Cyan, Cerulean Blue, Ultramarine Blue
3. Cadmium Red Medium

4. Cadmium Light Red
5. Magenta or Quinacridone Magenta
6. Cadmium Orange
7. Dioxazine Purple
8. Titanium White

Hog / Bristol paint brushes. Flat 1", round #6, filbert or bright #10 – or any larger brushes you currently have available. A range of two to three larger brushes works great. Flexible on size, but larger is better. Hog hair brushes are stiffer than synthetic and push the paint around better.

Masking Tape. 1" or wider masking or painting tape to secure paper to painting board.

Water Container. For rinsing paint brushes.

Painting rags. Cloth works best.

Palette. Paper plates work great. The plain, cheap kind (no Styrofoam.). Or, bring what you normally use (no glass).

Water. To drink!

Remember that we will be painting outside if weather permits.

Feel free to contact me with any questions regarding supplies, travel, etc.: 231-492-2196 or email brendajc@brendajclark.com.