

Supplies List for Art & Commitment - Sherry McNamara

Substrates:

- Two (2) canvases, or your preferred substrate such as canvas board/linen board, either 8x10 or 10x12 (or one of each)

Paints:

The colors are a suggestion, but if you choose other color options of the blue, red, and yellow, make sure one is warm and the other is cool for each color.

- One (1) white paint
- Two (2) colors of blue paint - one warm and one cool, e.g., Cerulean Blue/Blue Lake and Ultramarine Blue
- Two (2) colors of red paint - one warm and one cool, e.g., Cadmium Red/Bright Red and Alizarin Crimson
- Two (2) colors of yellow paint - one warm and one cool, e.g., Cadmium Yellow Medium and Lemon Yellow

Brushes:

- Two (2) or three (3) large flat brushes in a variety of sizes, such as 6, 8, or 10, but not smaller than a size 4
- Two (2) or three (3) filbert brushes in a variety of sizes, such as 4, 6, or 8, but not smaller than a size 4

Misc. for oil painters:

- Turpinoid or any other odorless cleaner
- Liquin or any other medium you prefer

Misc. for acrylic painters:

- Container for water
- Your preferred thinning medium if you don't use water

Misc. for all painters:

- Palette
- Palette knife
- Paper Towels
- Paper and Pencil for note-taking and preliminary sketching